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Ischemic stroke increases heart vulnerability to ischemia-reperfusion and

alters myocardial cardioprotective pathways.

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Abstract

Background and Purpose - For years, the relationship between cardiac and neurological ischemic events has been limited to overlapping pathophysiological mechanisms and common risk factors. However, acute stroke may induce dramatic changes in cardiovascular function. The aim of this study was to evaluate how prior cerebrovascular lesions affect myocardial function and signaling *in vivo* and *ex vivo*, and how they influence cardiac vulnerability to ischemia-reperfusion (IR) injury.

Methods - Cerebral embolization was performed in adult Wistar male rats through the injection of microspheres into the left or right internal carotid artery. Stroke lesions were evaluated by microsphere counting, tissue staining and assessment of neurological deficit 2h, 24h and 7 days after surgery. Cardiac function was evaluated *in vivo* by echocardiography and *ex vivo* in isolated perfused hearts. Heart vulnerability to IR injury was investigated *ex vivo* at different times post-embolization and with varying degrees of myocardial ischemia. Left ventricles (LV) were analyzed with western blotting and quantitative RT-PCR.

Results – Our stroke model produced large cerebral infarcts with severe neurological deficit. Cardiac contractile dysfunction was observed with an early but persistent reduction of LV fractional shortening *in vivo* and of LV developed pressure (LVDevP) *ex vivo*. Moreover, after 20 or 30 minutes of global cardiac ischemia, recovery of contractile function was poorer with impaired LVDevP and relaxation during reperfusion in both stroke groups. Following stroke, circulating levels of catecholamines and GDF15 increased. Cerebral embolization altered nitro-oxidative stress signaling and impaired the myocardial expression of ADRB1 and cardioprotective SAFE signaling pathways.

Conclusions - Our findings indicate that stroke not only impairs cardiac contractility and also worsens myocardial vulnerability to ischemia. The underlying molecular mechanisms of

stroke-induced myocardial alterations after cerebral embolization remain to be established, insofar as they may involve the sympathetic nervous system and nitro-oxidative stress.

Introduction

Cardiovascular and cerebrovascular diseases share a number of pathophysiological mechanisms and risk factors, and they remain among the leading causes of death and medical spending worldwide. While it is well documented that cardiac diseases such as atrial fibrillation^{1, 2} or acute myocardial infarction³ (AMI) may favor the occurrence of ischemic stroke (IS), some clinical data also suggest that acute cerebral ischemic events may in turn induce dramatic shifts in cardiovascular function⁴. For instance, Takotsubo cardiomyopathy may occur in the days following an IS⁵. Furthermore, it has been shown that ischemic lesions in specific brain regions such as the insular cortex are associated with cardiac dysfunction and sudden cardiac death⁶. Indeed, even in the absence of documented preliminary heart disease, myocardial dysfunction is commonly encountered in stroke patients ⁷⁻¹⁰. Cardiovascular complications after stroke are the second cause of death after the direct consequences of neurological damage^{11, 12}. Moreover, a significant proportion of patients with ischemic stroke display elevated levels of cardiac troponins^{7, 13, 14}, relevant markers of myocardial damage, though half of them show no angiographic evidence of coronary artery disease 15. Therefore, the possibility of stroke-induced myocardial dysfunction/injury needs to be investigated more thoroughly.

In experimental studies, a link has been established between brain damage and cardiac disorders. For instance, several studies have shown that middle cerebral artery occlusion (MCAO) could impair calcium and other ionic currents in ventricular cardiomyocytes, thus inducing arrhythmia in rats^{16, 17}, and may also lead to cardiac contractile dysfunction in mice¹⁸. Another study further suggests that ischemic brain tissues send "death signals" to the heart¹⁹. Recently, it has been proposed that circulating components might directly be involved in cerebral ischemia-induced cardiac dysfunction such as MiR-126²⁰ or catecholamines²¹.

However, to date, no work has extensively explored the potential vulnerability to myocardial ischemia/infarction associated with prior ischemic stroke.

Therefore, it seems essential to evaluate how prior cerebral ischemia could alter cardiac function and its subsequent adaptation to ischemic stress, and which cardiac cellular signaling pathways involved in cardioprotection are impaired. The aim of this study was thus to mimic a situation of embolic stroke and to evaluate how cerebrovascular lesions may affect the heart functions both at the *in vivo*, *ex vivo* and cellular level.

Methods

This article adheres to the AHA Journals implementation of the Transparency and Openness Promotion Guidelines. Details of materials and methods are available in the Data Supplement. Data that support the findings of this study are available from the corresponding author on reasonable request.

Animals

Wistar male rats (Charles River, Wilmington, USA) (8-9 weeks, 300±50 g) were used. All animals received humane care and study protocols complied with institutional guidelines. The investigation was carried out in accordance with Directive 2010/63/EU of the European Parliament and to the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (NIH Publication No. 85-23, revised 1996) and was approved by the local ethics committee (Comité d'Ethique de l'Expérimentation Animale Université-Bourgogne-Franche-Comté, Dijon, France, protocol agreement number: 0412.01). The animals were housed at 21±2°C with a constant humidity of 55±10% under a cycle of 12 h of light/dark and had free access to water and standard diet *ad libitum*.

Model of cerebral embolization

Polystyrene microspheres (90 μ m; Polysciences, Inc., Warrington, USA) were used for cerebral embolization. The solution was diluted so as to inject around 4,000 microspheres in 200 μ L of 20% polyvinylpyrrolidone (PVP) in the internal carotid artery. A detailed description of surgical procedure is available in the supplemental data.

Neurological deficit assessment and determination of cerebral embolization and infarct size

Neurological deficit was assessed 2 h, 24 h or 7 days after surgery using a modified scoring system developed by Longa et al.²² by an observer blinded to the animal groups. Deficits were

scored as follows: 0, no deficits; 1, failure to extend contralateral forepaw fully; 2, circling to contralateral side without falling; 3, falling to contralateral side; 4, no spontaneous motor activity. Higher scores represent more severe motion impairment. A detailed description of cerebral embolization determination and infarct size measurement are available in the supplemental data.

Assessment of cardiac function in vivo with echocardiography

Transthoracic echocardiography using the Vevo770TM imaging system (VisualSonics Inc., Toronto, Canada), equipped with a 25 MHz probe was performed 7 days before surgery, 2 h, 24 h and 7 days after surgery in rats as previously described²³ and detailed in the supplemental data.

Assessment of cardiac function ex vivo

Two or 24 hours after cerebral embolization, rats were deeply anaesthetized through an intraperitoneal injection of 110 mg/kg sodium pentobarbital and the blood clotting was avoided by the co-administration of 500 IU/kg of heparin. After total loss of nociception, the chest was opened and the heart was excised and placed in a cold (4°C) perfusion buffer bath until contractions ceased. The heart was then immediately cannulated through the aorta and perfused according to the Langendorff method as previously described²⁴ and detailed in the supplemental data.

Measurement of myocardial vulnerability to ischemia-reperfusion injury ex vivo

After baseline measurements, perfusion was turned off so as to induce 20 or 30 minutes of total global normothermic ischemia, which was followed by 1 h of reperfusion. All parameters were recorded during ischemia and reperfusion.

Determination of plasma Epinephrine, Norepinephrine and Growth Differentiation Factor 15 (GDF15)

Blood was collected from the abdominal aorta, and immediately centrifuged at 4°C in order to separate the plasma, and samples were stored at -80°C. Plasma epinephrine (E) and norepinephrine (NE) levels were measured using the 2-CAT (A-N) Research ELISA kit (BA E-5400; Labor Diagnostika Nord, Nordhorn, Germany) following the manufacturer's protocol. Plasma GDF15 was measured using a commercially available kit (MGD150, R&D systems, Minneapolis, USA).

Quantitative Real-Time Polymerase Chain Reaction

Semiquantitative analysis of endothelial nitric oxide synthase (eNOS), glutathione peroxidase 1 (GPX1), catalase (CAT), adrenoceptor $\beta1$ (ADRB1), janus kinase 2 (JAK2) and signal transducer and activator of transcription 3 (STAT3) were performed and procedure is detailed in the supplemental data.

Western blotting

Ventricular tissue was homogenized in 10 volumes radio-immunoprecipitation assay (RIPA) buffer, centrifuged at 10,000 g for 15 min at 4°C and determination of protein concentration (Lowry method) in supernatant. Protein expressions were evaluated by Western blotting, and detailed procedures are available in the supplemental data.

Statistics

Data are presented as mean±SEM. The statistically significant differences for mean values of three groups were tested by analysis of variance (ANOVA) followed by Tukey's test. An ANOVA for repeated measurements followed by a Tukey post-hoc analysis was applied for

data consisting of repeated observations at successive time points. The difference was considered significant when P < 0.05. The data were analyzed using SigmaPlot version 12.5.

Results

Cerebral embolization with microspheres leads to large stoke infarcts and neurological deficit (supplemental data, Figure I)

Severe neurological deficit scores were observed in all stroke groups 2 h, 24 h and 7 days after embolization. Two hours after embolization, 397±33 microspheres were found in the ipsilateral hemisphere and 54±5 in the contralateral hemisphere. TTC staining was performed in brain slices 24 h after embolization. Sham-operated rats showed uniform red coloration of viable grey matter cell-containing areas, and white staining of acellular white matter fibers (*corpus callosum*, internal capsule). In embolized rats, white necrotic areas were only observed in the ipsilateral hemisphere. Stroke volumes were 31±4% for the left ventricle and 29±4% for the right ventricle 24 h after embolization.

Cerebral embolization leads to cardiac dysfunction ex vivo and in vivo

Cardiovascular function was initially assessed *in vivo*. There were no statistically significant differences between the three groups concerning arterial systolic blood pressure (Figure 1a). We found an early (from H2) and persistent (until D7) deterioration in LV fractional shortening over the 7-day follow-up period in both stroke versus sham groups (Figure 1b).

Then, in order to evaluate post-stroke cardiac function independently of any circulating and/or nervous influencing factors, we isolated and perfused the rat hearts *ex vivo* and measured left ventricular functional parameters. Two hours after cerebral embolization, the baseline LVDevP was significantly lower in both groups of stroke rats than in the sham group: 106.6±4.4 mmHg [left], 106.2±4.7 mmHg [right] *vs.* 129.9±2.7 mmHg [sham] (Figure 1c). This difference was also observed 24 h after surgery: 91.8±3.7 mmHg [left], 104.0±5.3

mmHg [right] *vs* 120.9±5.1 mmHg [sham] (Figure 1d). The other functional parameters were similar for the three groups during basal perfusion.

Cerebral embolization increases cardiac vulnerability to ischemia-reperfusion injury ex vivo

In order to evaluate how prior ischemic stroke may influence myocardial vulnerability to ischemia-reperfusion injury, we exposed hearts isolated 2 hours after cerebral embolization to 30 minutes of global total ischemia, which is generally considered as partially irreversible. Reperfusion led to only limited recovery of the initial cardiac functional parameters. In the right stroke group, the post-ischemic recovery of coronary flow (CF) was significantly lower than that in the sham group: 8.3 ± 0.1 mL/min vs 10.6 ± 0.2 mL/min respectively, p<0.05 (Figure 2a). During ischemia, the heart stopped beating, but an increase in LV diastolic pressure due to ischemic contracture was observed in both groups. Reperfusion led to an abrupt and sharp increase in LV diastolic pressure, related to post-ischemic contracture that was even higher in the right stroke group than that in the sham group from the 20^{th} min of reperfusion: 90.6 ± 4.2 mmHg vs 72.6 ± 4.3 mmHg respectively, p<0.05 (Figure 2b). After 30 min of global total ischemia, reperfusion led to only a partial recovery of myocardial contractility in all groups, with identical return to an altered sinus rhythm (data not shown). However, the LVDevP and -dP/dt were significantly lower in both right and left stroke groups than in the sham group after 60 min of reperfusion (Figure 2c and d).

In a second set of experiments, we evaluated the myocardial vulnerability to a more reversible ischemia-reperfusion injury, and subjected isolated hearts to 20 minutes of global total ischemia followed by reperfusion. In these conditions, all three groups recovered total CF with hyperemia during the 20 first minutes of reperfusion (Figure 3a). However, concerning cardiac contractility, HR, LVDevP and -dP/dt recovered significantly more slowly during reperfusion in both stroke groups than in the sham group (Figure 3b, c and d).

Myocardial recovery after ischemia-reperfusion injury was also evaluated 24 h after stroke or sham embolization (Figure II in the online-only Data Supplement). However, unattended nearly total recovery of all functional parameters was observed in sham groups, as compared to the same duration of cardiac ischemia in hearts harvested 2 h after microsphere embolization or sham-surgery under isoflurane anesthesia. In these very different conditions, post-ischemic recovery of myocardial functional parameters did not differ between groups, except for HR or LVDevP in left stroke hearts at certain points in time.

Cardiac dysfunction after cerebral embolization is associated with increased catecholamine and GDF15 levels in circulation

In order to evaluate the activation of the autonomic nervous system, we assessed plasma concentration of catecholamines. At 2 h and 24 h after embolization, both stroke groups showed a significant increase in plasma E and NE as compared to sham operated rats (Figure 4a and b).

GDF15, a marker of several conditions including cardiovascular disease, was circulating at higher levels 2 h after cerebral embolization in both groups of stroke rats than in the sham group (Figure 4c): 185.3±13.3 ng/L [left], 137.0±10.4 ng/L [right] *vs.* 96.7±4.3 ng/L [sham]. This difference was also observed 24 h after surgery: 203.9±20.5 ng/L [left], 157.4±7.6 ng/L [right] *vs.* 113.0±8.3 ng/L [sham] (Figure 4d).

Cerebral embolization alters nitro-oxidative signaling in the heart.

To examine the potential impact of stroke on myocardial cellular signaling, genes and proteins involved in nitro-oxidative stress were assed in the myocardium. Left or right cerebral embolization significantly increased the cardiac expression of eNOS and GPX1 in mRNA and protein and decreased protein expression of peNOS. CAT protein expression was

decreased in the hearts of left or right stroke rats without modifications of the mRNA levels (Figure 5 and Figure III in the online-only Data Supplement).

Cerebral embolization impaired myocardial expression of ADRB1 and cardioprotective SAFE signaling pathway.

The expression of the main cardiac adrenergic receptor, ADRB1, was investigated in order to evaluate the potential mechanism of stroke-induced myocardial contractile dysfunction, despite increased circulating epinephrine and norepinephrine levels. The results showed decreased protein expression of ADRB1 (Figure 6 A).

So as to understand how prior cerebral infarction was able to worsen myocardial functional recovery after either reversible or irreversible cardiac ischemic injury, members of the SAFE cardioprotective signaling pathway were assessed in the myocardium. The results showed that left or right cerebral embolization significantly decreased short-term cardiac expression of JAK2, STAT3 and pSTAT3 in protein (Figure 6).

Discussion

In the present study we show for the first time that prior cerebral ischemia in rats can increase myocardial vulnerability to ischemia-reperfusion injury and alter cellular signaling in the genes and proteins generally considered as providing cardioprotection, such as endothelial nitric oxide synthase and members of the SAFE pathway. We have also highlighted a change in cardiac contractile function both *in vivo* and *ex vivo*, the latter being observed in a situation where neither circulating factors nor nervous control could influence cardiac function, suggesting that stroke has a persisting imprinting effect on heart tissue. Sympathetic hyperactivity with a rise of circulating catecholamines, as opposed to a down-regulation of cardiac ADRB1 protein could be considered as one of the potential mechanisms of stroke-driven cardiovascular deleterious effects.

The model of cerebral embolization with microsphere injection into the internal carotid artery was chosen since it may reproduce some aspects of embolic strokes of cardiac or carotid origin²⁵. One limitation of this model is that microspheres are randomly distributed throughout the brain and produce disseminated infarcts, as opposed to conventional MCAO for which stroke volume and location in specific areas of the brain can be evaluated. In fact, it could be interesting to induce damage in defined brain regions such as the insular cortex, the activation of which leads to cardiovascular consequences⁶. Finally, the microsphere embolization model induces non-reversible artery occlusion and produces the creation of small permanent cerebral infarcts²⁶, while in stroke patients reperfusion can occur spontaneously or be clinically induced by thrombolysis. However, the majority of patients with large vessel stroke do not have recanalization²⁷; our model may therefore be appropriate for preclinical evaluation of large vessel occlusion.

Brain-heart interactions after stroke have been observed in several clinical and animal studies, and recent data further suggest that aging, hypertension and diabetes contribute to distinctly affect microvessels gene network in these two organs²⁸. Indeed, atrial fibrillation may occur after an IS²⁹: in the 3 months following an IS, 19% of patients experience serious cardiac adverse events¹² and 6.5% of patients develop AMI or acute heart failure³⁰. From an experimental point of view, in vivo studies have shown that cerebral injuries can induce severe cardiac arrhythmia, myocardial dysfunction, and even cardiomyocyte necrosis 18, 31. Experiments performed ex vivo have shown that cardiomyocytes isolated from the hearts of right MCAO rats displayed longer action potential duration ^{17, 31}. In our study, IS involved the insular cortex which may have had an impact on cardiac function in vivo (see Figure 2). One of the striking observations of our work is that prior IS was not only able to decrease LV contractility in vivo, but also ex vivo in isolated perfused hearts, where neither circulating nor nervous factors influence cardio-vascular function. This observation is remarkable because it suggests that cerebral ischemia has a persistent impact on the heart through signals that affect its function in addition to direct endocrine and/or neuronal effect, and that this retained effect occurs as early as 2 hours after embolization. Our findings therefore corroborate other studies showing that MCAO in rats was able to impact the calcium currents and channels of the cardiomyocyte, as well as other ionic currents and proteins involved in the action potential 17, ³¹ or in the cardiac excitation-contraction coupling ¹⁶.

Another original result of the present study is that prior cerebral ischemia is able to increase myocardial vulnerability to ischemia-reperfusion injury *ex vivo*. Indeed, we found a negative impact of cerebral embolization on functional recovery of isolated hearts after either reversible or irreversible total global ischemia. The deleterious effect of stroke is clear 2 hours after surgery, but is partially hidden after a longer lapse of time (24 h), probably because of the delayed preconditioning effect of both isoflurane anesthesia and the surgical procedure.

The observation that prior cerebral ischemia may worsen myocardial post-ischemic recovery can be regarded as paradoxical in view of the well-known concept of remote ischemic conditioning, by which ischemia to a distant organ may protect the heart against acute myocardial infarction. When extended to the clinical situation, these results may raise the question of whether stroke patients have increased vulnerability to acute myocardial infarction. Our results may therefore corroborate data showing that patients who developed an AMI after an IS had an increased mortality rate versus the general population³⁰. We also observed that right hemispheric strokes were more damaging for cardiac function and postischemic recovery than left hemispheric strokes. In fact, it has been shown both in humans and in experimental studies that a lateralization exists concerning cardiac effects of cerebral ischemia, which is related to that distinct areas in the left or right brain insula control either the sympathetic or parasympathetic autonomic nervous system³². Indeed, several studies have shown that right stroke begets more cardiovascular effects such as arrhythmias, or increased myocardial damage confirmed by elevated troponin levels^{21, 31, 33}. It has been proposed that right-sided insular cortex regulates sympathetic tone whereas left controls parasympathetic. Vascular damage in right hemisphere involves a downregulation of parasympathetic activity with an upregulation of the sympathetic consequence on cardiac function³³. However, the microsphere embolization model used in the present study, as stated before, does not allow for a study of the impact of revascularization on stroke-induced cardiac effects. Future studies with a model allowing both reperfusion, damage in selective brain regions, and different stroke durations such as the MCAO model are planned, so as to determine whether the myocardial ischemic vulnerability following an IS persists when the brain is reperfused and if the cardiac impact of cerebral ischemia is still present at a later time after stroke.

Following these observations, we aimed to determine which cardiac cellular pathways could be modified by prior stroke, and thus could be involved in these stroke-induced alterations of myocardial function. It is well known that stroke is associated with an activation of the sympathetic nervous system, which is consistent with our data showing increased catecholamine levels in stroke groups 18, 21. It has been shown that beta1-blocker treatment in stroke mice improved cardiac function and decreased catecholamine levels 2 months after IS and had neuroprotective effects over the 7 day follow-up period^{21, 34}. In the present study, a down-regulation of ADRB1 was observed in hearts 2 h after embolization, which could be a result of post-translational regulating systems. GDF15 levels were also increased in stroke rats 2 h and 24 h after embolization as compared to sham groups. It has been shown that GDF15 levels were significantly increased in patients with ischemic stroke and even more when stroke involved large arteries. Indeed, GDF15 gene polymorphism may play a role in the development of ischemic stroke³⁵. Concomitantly to ischemic stroke, several neurohumoral systems, including inflammatory cytokines, are activated, and recent data have shown that chronic inflammation may propagate from the ischemic cerebellum to distant peripheral organs such as the heart³⁶. The occurrence of a nitro-oxidative stress could also be involved in these brain-heart interactions, which has been shown after transient MCAO in rats³⁷. The increased gene and protein expression of GPX1 should be opposed to decrease in CAT which has an eight-fold higher activity than GPX1 in humans³⁸. Additionally, it has been shown that some cardioprotective molecular pathways could be recruited by the cardiac tissue in order to fight the damaging effects of ischemia reperfusion injury³⁹. Taking into consideration the idea that prior stroke impaired post-ischemic cardiac recovery, we hypothesized that some members of the cardioprotective pathways might have been altered after cerebral ischemia. In fact, JAK2, STAT3 and pSTAT3 protein expression, all members of the Survivor Activating Factor Enhancement (SAFE) cardioprotective signaling pathway, decreased in the heart 2 h after cerebral embolization. Therefore, the increased vulnerability of the heart to ischemia reperfusion injury after stroke might be, at least in part, related to an impairment of the SAFE signaling pathway. An up-regulation or a pharmacological induction of these signaling pathways could therefore be used as therapeutic target to protect the heart after ischemic stroke.

Conclusions

These original data indicate not only that, in a model of cerebral embolization in rats, stroke deleteriously impairs cardiac contractility but also worsens myocardial vulnerability to ischemia. At the molecular level, we highlighted sympathetic hyperactivity, a disturbance of nitro-oxidative regulators in the heart, and impairment of the cardioprotective SAFE signaling pathway. The underlying molecular mechanisms of the stroke-induced myocardial alterations after cerebral embolization remain to be established, insofar as they may involve the sympathetic nervous system or and nitro-oxidative stress. From a clinical point of view, these results may be of major importance for the management of stroke patients, in order to protect the heart after cerebral ischemia.

Disclosures

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Figure legends

Figure 1: Cardio-vascular function *in vivo* and *ex vivo*: A: Arterial systolic blood pressure after right of left cerebral embolization. B: Natural course of LV fractional shortening. *: p<0.05 significantly different between left stroke and sham groups and §: p<0.05 significantly different between right stroke and sham groups. C: LVDevP of isolated perfused rat hearts 2 h after right or left cerebral embolization during the initial minute of baseline perfusion (t0). D: LVDevP of isolated perfused rat hearts 24 h after right or left cerebral embolization during the initial minute of baseline perfusion (t0).

Figure 2: Evolution of functional parameters of isolated perfused hearts, 2 h after embolization or sham-surgery. A: Coronary flow, B: LVDP, C: LVDevP, D: -dP/dt. Hearts were perfused for 10 min at baseline and then underwent 30 min of global total normothermic ischemia followed by 1 h of reperfusion. *: p<0.05 significantly different between left stroke and sham groups, §: p<0.05 significantly different between right stroke and sham groups and £: p<0.05 significantly different between left stroke and right stroke groups at the same measurement time using 2-way ANOVA for repeated measures.

Figure 3: Evolution of functional parameters of isolated perfused hearts, 2 h after embolization or sham-surgery. A: Coronary flow, B: HR, C: LVDevP, D: -dP/dt. Hearts were perfused for 10 min at baseline and then underwent 20 min of global total normothermic ischemia followed by 1 h of reperfusion. *: p<0.05 significantly different between left stroke and sham groups and §: p<0.05 significantly different between right stroke and sham groups at the same measurement time using 2-way ANOVA for repeated measures.

Figure 4: Catecholamines and GDF15 plasma concentrations. A: Catecholamines levels 2 h after embolization. B Catecholamines levels 24 h after embolization. *: p<0.05 versus sham

groups, **: p<0.01 versus sham groups and ***: p<0.001 versus sham groups, C: GDF15 levels 2 h after embolization. D: GDF15 levels 24 h after embolization.

Figure 5: Heart eNOS (A), peNOS (B), GPX1 (C) and CAT (D) protein levels determined by western blot analysis 2 h after embolization. Data were normalized to GAPDH. n=12 per group.

Figure 6: Heart ADRB1 (A), JAK2 (B), STAT3 (C) and pSTAT3 (D) protein levels determined by western blot analysis 2 h after embolization. Data were normalized to GAPDH. n=12 per group.